



call **click** connect



FAMILY SERVICES
EMPLOYEE ASSISTANCE PROGRAMS
Your **Partner** in **Workplace Health**™

Your EAP is online!

The EAP Web site offers information about the services available to you and your family through your Employee Assistance Program. You can also access tips, information and self-directed help on a variety of health and wellness topics.

24/7 counselling

Sarnia: 519-336-0120

Chatham: 519-354-6221

After-hours: 1-800-668-9920

24/7 tips & information

www.myfseap.com

group: toLKDSB

password: health

callclickconnectcallclickconnect